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NO INJURIES IN FIRE

No one was injured after a fire broke out in the basement of a home at 19 Tanoak Park Dr. around noon Sunday. Neighbours told Metro the man and woman who live in the home with four young girls were away when the fire started. The cause wasn't immediately available. SHANE GIBSON/METRO

Winnipegger
tells of win at
Dwarf GamesTwin medals. Athlete
credits victory to hours
of training with friendSHANE
GIBSON

shane.gibson@metronews.ca

The lone Manitoban to represent Canada at the World Dwarf Games earlier this month is back with a little extra weight in his suitcase.

Vivek Bhagria, 18, had to find room in his bags for two medals — a silver in floor hockey and a bronze in volleyball — he picked up at the competition held in Michigan from Aug. 3 to 10.

"It's super cool to stand on a podium and hear the Canadian anthem playing,"



Vivek Bhagria, 18

said the four-foot-one athlete, who told Metro the games were the first opportunity he's had to compete against people his own height.

"There were like 400 athletes, and everywhere I looked there was other little people.... I felt like I belonged."

Bhagria said Canada brought 65 medals back from the games, which are held every four years with the aim of encouraging international sporting competition among dwarf athletes, according to the games' website.

Bhagria, who graduated from Dakota Collegiate this year and is heading to the U of M in the fall, is grateful for all the support from friends and family and pointed to hours of training with one of those friends, Paige Carloni, as a key to his success.

"I couldn't have done it without her," he said. "She just really wanted me to do well for my country."

Bhagria is now training for nationals in San Diego next year and will return to the worlds in 2017.

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ACE AND ICELAND SITTING IN A TREE ...



WHAT'S GOOD
Ace Burpee

For years, Iceland has been at or near the top of my list of places I'd love to visit. Last week, it finally happened. I expected it to be great, and it was — as great a place as I've ever been. So much so that they deserve a good old-fashioned thank-you note.

Dear Iceland,

Thank you, Icelandic people, for being so cool, kind, helpful, accommodating and interesting ... as well as for making life exceptionally easy for those of us who do not speak Icelandic by speaking perfect English. You are good people.

Thanks for being so pristine and unpolluted that I could literally see the salmon for which I was fly-fishing swimming up your gin-clear rivers.

Thank you, Iceland, for having way more horses than anyone has ever seen in their lives. Thank you, Iceland, for basically everything you look at being a postcard shot.

Thank you for your admirable use of geothermal heating, your volcanoes, your shockingly lush interior, your black-sand beaches, your steam rising from the ground pretty much everywhere and for your wool.

Iceland, you are fascinating. Thank you for being one of those places you know you'd like to return to the moment you get on the plane to come home.

ACE BURPEE IS A LOCAL WRITER, RADIO-SHOW HOST, PRODUCER AND SUPPORTER OF ALL THINGS GOOD

Donors come through for ditched puppies

A local dog-rescue group has received an "overwhelming response" to a call for kibble after rescuing eight puppies that were dumped in a ditch and lived on dirt and leaves.

Colleen Holloway, spokesperson for Manitoba Mutts, said people have responded from as far away as Southern California and credits Metro Winnipeg's story with getting the word out.

"We've collected over 125 bags and hundreds of dollars online in donations," Holloway

said in an email.

The pups, who are about four weeks old, were found in a box in a ditch in rural Manitoba on Aug. 9. Holloway said last week that judging from their waste, they had started eating leaves, grass, dirt and twigs to survive. "They were trying to blindly feed themselves whatever was around them."

Manitoba Mutts had originally hoped to raise 50 bags of kibble in 50 hours to feed the puppies. **METRO**



The Catahoula-cross puppies were discovered in a ditch this month.
COURTESY MANITOBA MUTTS

North End collision

Impaired driving alleged in crash

A man is facing charges after a North End crash that saw roads closed early Saturday morning. Police launched an investigation after a Pontiac Grand Am heading north on McGregor Street crashed into a south-bound Honda Civic. Police say the Grand Am had been speeding moments before the crash. The driver of the Grand Am, a 29-year-old man, was detained and is facing impaired-driving charges. **METRO**

Plaza to honour St. Vital vets

Battle of Hong Kong. Memorial 'very emotional' for last of seven neighbourhood friends



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The last of a group of seven Second World War veterans from St. Vital who survived the Battle of Hong Kong in 1941 is proud to see a new plaza built in their honour.

George Peterson, 92, said he's "very touched, very emotional" that the province and the city are funding the \$75,000 Arden Seven Interpretive Plaza, which will be located in Jules Mager Park at the corner of St. Michael and River roads in St. Vital.

"It means a lot to me," said Peterson, who is most moved by the plaza's seven chairs symbolizing the seven friends — six of whom are no longer with us. "Not too many



From left, George Peterson, Premier Greg Selinger and Mayor Sam Katz check out the plans for the Arden Seven Interpretive Plaza, which will be built at Jules Mager Park in St. Vital. **BERNICE PONTANILLA/METRO**

people get honoured like this, and I really appreciate it."

Peterson and his twin brother, Morris, served with the Winnipeg Grenadiers, along with Bill Lancaster, Fred Abrahams (also known as Fred Harting) and brothers Alfred, Edward and Harry Shayler.

All were from Arden Avenue, which ward Coun. Brian Mayes described as St. Vital's Valour Road.

"These were seven neighbourhood guys; they were friends. They used to play at St. Vital Park," Mayes said. "They went off together. It took great courage and it's fantastic that George is still alive and able to talk about them."

The Battle of Hong Kong saw 17 days of intense fighting, during which 290 Canadians were killed and an

other 493 wounded. Many of the men, including Peterson, were taken as prisoners of war.

"I spent my 21st, 22nd, 23rd and 24th birthdays as a prisoner of war, (an) unwilling guest of Hirohito," said Peterson, referring to the emperor of Japan during the war. "I really appreciate that (the memorial is) finally going to be done."

1 NEWS

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Canadians' arrest in Egypt has family aching for info

Taken Friday. Reports suggest the pair are OK in jail, but cause for detention still unknown

SCOTT TAYLOR
Metro in London, Ont.

It was a weekend of worry for Tarek Loubani's family, concerned for his safety after the London, Ont., emergency-room doctor was arrested by Cairo police.

Loubani and York University Prof. John Greyson were arrested on Friday at about 10 p.m. Cairo time.

Justin Podur, reported to be a mutual friend of the men, has been blogging about the situation and said officials with the consulate had located the men by early Sunday evening.

They are in a prison and are OK, Podur said, but there was no information about why or where they are being held.

Earlier in the day, Loubani's cousin Hanan Loubani said the family was desperate for information.

"We have no idea how to get in contact with him," the Londoner said. "We're afraid, we're waiting for some sort of answer."

Nearly 900 people have been killed in Egypt over the past week as supporters of ousted president Mohamed Morsi battle security forces.

"He went down there to



Tarek Loubani CONTRIBUTED



John Greyson THE CANADIAN PRESS FILE

offer aid," Hanan said. "He usually goes to Gaza every three months through the Rafah border in Egypt, but this time it was closed. And Egypt's treatment of Palestinians lately has not been the best."

Loubani, who came to Canada as a Palestinian refugee, was on his way to Gaza as part of an ongoing collaboration between Western University and Al-Shifa Hospital. Greyson was tagging along as a filmmaker to do some exploratory work.

WITH FILES FROM TORSTAR NEWS SERVICE



A friend of Ammar Badie, the son of the Muslim Brotherhood's spiritual leader Mohammed Badie, who was killed Friday by Egyptian security forces during clashes in Ramses Square, cries while attending Ammar's burial in Cairo on Sunday. MANU BRABO/THE ASSOCIATED PRESS

Reports differ in death of 36 prisoners

Security forces fired tear gas at a prison truck in Egypt Sunday in an attempt to free a police officer from rioting detainees, killing at least 36 suspects rounded up during street clashes between Islamist supporters of the country's ousted president and police, officials said.

The killed detainees were part of a prison truck convoy of some 600 people heading to Abu Zaabal prison in northern Egypt, officials told The Associated Press. Detainees in one of the trucks rioted Sunday night and managed to capture a police officer inside, the officials said.

Security forces fired tear gas into the truck in hopes of freeing the badly beaten officer, the officials said. They said those killed died from suffocating on the gas.

However, the officials' version of events contradicted state media reports. The official website of Egyptian state

television reported that the deaths took place after security forces clashed with militants near the prison and detainees came under fire while trying to escape. The official MENA state news agency also said the trucks came under attack from gunmen.

THE CANADIAN PRESS



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Om: Bikram yogis stay zen as founder hit with lawsuits



Studio owner Christian Betancor Leon, left, watches as yoga teacher Jacob Lynch poses at Bikram Yoga Commercial Drive in Vancouver. EMILY JACKSON/METRO IN VANCOUVER

No sweat. While controversy surrounding Bikram Choudhury heats up, devotees stay loyal and focused on their strenuous practice



EMILY JACKSON
Metro in Vancouver

Yogis are bending, stretching and sweating as usual at Vancouver Bikram studios despite a scandal heating up around the practice's founder.

Five civil lawsuits alleging

The man vs. the yoga

"Whatever Bikram the man does is not going to affect the yoga one iota."

Christian Betancor Leon, Bikram Yoga Commercial Drive's owner

sexual assault and harassment have been filed against Calcutta-born, California-based Bikram Choudhury, creator of the 26-pose practice in rooms heated to 40.6 C.

None of the allegations have been proven in court, and Choudhury's lawyer has denied them, yet the salacious accusations have rattled a community usually known for its peaceful mantras.

Bikram's yoga style has devotees and franchises around the world, including at least 62 in Canada, about a quarter of which are in the B.C. Lower Mainland.

But in the city where Lululemon started and yoga studios dot the landscape, the bad press surrounding Choudhury hasn't had an impact on local business, Bikram Yoga Commercial Drive owner Christian Betancor Leon said. He's received a few Facebook comments on the lawsuits, but that hasn't led to a drop in business.

Toronto. Cops mum on report Ford's team tried to get alleged crack video

Toronto police aren't commenting on a report that they are investigating attempts by associates of Mayor Rob Ford to obtain an alleged video purportedly showing him smoking crack cocaine.

The mayor hasn't commented either, but his brother, city councillor Doug Ford, has denounced the Torstar News Service report as "just another attack" by the Toronto Star.

He also told an AM640 radio talk show Saturday that people are fed up with what he called "this tabloid garbage."

Torstar is reporting that

two members of the mayor's entourage were beating the bushes in the days after media reports surfaced that some journalists had viewed the alleged video.

The newspaper quotes a witness as saying an occasional driver and security guard for the mayor, Alexander (Sandro) Lisi, visited a group of known drug dealers and asked about the whereabouts of the people who made the alleged video.

Lisi's lawyer has confirmed his client is involved in a police investigation but would not give specifics. **THE CANADIAN PRESS**



Alexander (Sandro) Lisi, an occasional driver for Mayor Rob Ford. Lisi is reportedly a target of the investigation into attempts to retrieve an alleged video in which Ford smokes what appears to be crack cocaine. DALE BRAZAO/TORSTAR NEWS SERVICE



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One Canadian's hell in Somalia

Taken hostage.

Alberta woman starved, beaten and sexually brutalized tells all in a soon-to-be-released book

After about a year of being held hostage and tortured, Amanda Lindhout decided it was time to kill herself.

The Alberta woman, taken hostage in Somalia in August 2008, says she reached her breaking point after spending three days trussed up like an animal, her hands and feet pulled so tightly behind her back that she could barely breathe.

When her captors did untie her, they told her it was only a reprieve. They promised to use the same torture technique on her again each



Amanda Lindhout
CONTRIBUTED/THE CANADIAN PRESS

day until they got their ransom money.

Left alone, Lindhout resolved that she was better off dead. She would take a rusty razor to her wrists.

But as she held the blade in her hand, a small brown bird flew into the doorway

of the room where she was being held. It hopped on the dirty floor, looked at her and flew away. It was the first bird she'd seen since shortly after she was taken.

"I'd always believed in signs ... and now, when it most mattered, I'd had one," she writes. "I would live and go home. It didn't matter what came next or what I had to endure."

In an advance edition of a book, set for release next month, the 32-year-old details the brutal 15 months she spent in captivity along with Australian photographer Nigel Brennan. Entitled *A House in the Sky*, the book is co-authored by Sara Corbett.

It reveals how Lindhout and Brennan's families eventually co-ordinated the pair's release themselves. The final price for their lives: \$1.2 million. \$600,000 went to the kidnappers. **THE CANADIAN PRESS**



Drop by Garden City Shopping Centre and guess the name of this animated adventure that proves *even monsters need a vacation* for your chance to win a prize package; then bring the family to watch this PG-rated fearsomely funny flick for free Thursday, August 29th!

Here's a clue: a main character insists he does not say: "BLEH, BLEH BLEH"

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Growth forecast

EU recovery is good economic news for Canada

Canada's economy looked anything but world-beating during the first half of 2013, but economists say the restraints that have handcuffed exports and jobs growth are starting to break.

The biggest confidence booster may be the news that the troubled Eurozone burst out of a prolonged recession earlier than expected, posting a modest but still significant 1.1 per cent annualized expansion in the second quarter. As CIBC chief economist Avery Shenfeld notes, with Canadian exporters fixated on the U.S. and China, it's easy to ignore the potential good a resurgent Europe could bring. **THE CANADIAN PRESS**

Export boost

2%

CIBC chief economist Avery Shenfeld calculates that recovering European markets will lift Canadian exports by two per cent, not an insignificant amount.

Organic claims. Lettuce beg to differ: Small farms prefer alternative label

New York state farmers Justine and Brian Denison say they adhere to all the growing practices required for organic certification, yet if they label their beans and tomatoes "organic" at the farmer's market, they could face federal charges and \$20,000 US or more in fines.

Because the Denisons chose not to seek organic certification by the U.S. Department of Agriculture, the Denison Farm, which has been under organic management for more than 20 years, is banned from using that term. So they and hundreds of other small direct-marketing farms across the country have adopted an alternative label: Certified Naturally Grown.

Started by a group of organic farmers in New York's mid-Hudson Valley as a backlash against federal takeover of the organic program in 2002, Certified Naturally Grown has expanded over the past decade to include more than 700 farms in 47 states, executive



A lettuce plant grown in Schaghticoke, N.Y., under the Certified Naturally Grown program. **THE ASSOCIATED PRESS**

director Alice Varon said.

Many small farmers previously certified organic by an independent organization have declined to participate in the federal program. They voice a variety of objections including extensive record-keeping requirements and fees that can amount to six per cent of a small farm's gross sales. **THE ASSOCIATED PRESS**

Twitter tests out tie-in to trending television shows

Social TV. Some mobile users report seeing new banners that highlight talked-about programs

If you're not sure what to watch on television, don't worry — Twitter wants to help. Some Twitter users saw a new banner stuck at the top of their newsfeeds last week when browsing the site on mobile devices.

The new banners are designed to feature a TV show that's trending on Twitter, meaning that a lot of people are talking about it. The banner includes information about how many people have mentioned it in their tweets, what time the show airs and on which network, and makes it easy for users to figure out how to participate in the conversation or tweet at a show's stars.

It's the latest attempt by the social-media website to make watching TV a social pursuit and convince people to tune into live TV by making them feel as if they're missing out on something.

It's more than just telling people what's on, it's also suggesting what people might like.

Twitter tries out a number of experiments on small numbers of users and wouldn't comment on this specific test. "We're always looking for ways to make watching TV along with Twitter more fun and more engaging," said Twitter spokeswoman Rachael Horwitz.

In a blog post on Friday, Twitter pointed to reality show *Duck Dynasty* as an example of success in marrying TV watching and tweeting, and creating real ratings from that marriage.

The show's Season 4 premiere was watched by nearly 12 million viewers on Wednesday, making it the "most-watched non-fiction series telecast in cable history."

On Twitter, there were 325,631 tweets about *Duck Dynasty* on the same day.

Twitter says *Duck Dynasty* has become "the most social program on TV" and saw a record-breaking number of viewers "because of an intensive A&E Twitter campaign to get fans talking about the show." Games that encouraged users to tweet with a certain hashtag, for example, kept people talk-



Twitter user ASG posted a screenshot of a new banner that appeared on his newsfeed this week. It shows users which TV shows people are talking about, when it airs and what channel it airs on. **TORSTAR NEWS SERVICE**

Watch and tweet

- Twitter has been working on building a relationship between TV watching and tweeting, and argues that there is a connection between how many people tweet about a show and how many people actually tune in.
- A Nielsen study released

recently says tweets can influence ratings and vice versa.

- The two companies are also building a Nielsen Twitter TV rating that will use Twitter's data to show how much engagement a TV program has achieved on the social-media site.

ing about and thinking about *Duck Dynasty* until its season premiere aired.

As for its newest experiment, it's not clear how Twitter came up with the titles users saw on the banners and whether they were sponsored or chosen scientifically based on trending topics. Typically, Twitter indicates when a tweet has been sponsored by a company.

Neil Seeman, senior resident at Massey College at the University of Toronto, says there's no clear answer on whether a ban-

ner like the one Twitter tested would be successful in catching a person's attention and making them tune in. It depends on the person and whether they like the idea of a social-media website telling them what they may like.

"There needs to be a lot more science and sophistication around what works and whether consumers pay attention or not," said Seeman, who is also CEO of RIWI Corp., a data collection company.

TORSTAR NEWS SERVICE

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News worth sharing.

PORTAGE AND MAIN THE WORST

There can't actually be someone out there who thinks Portage and Main is a great public space, can there?

Yet there it is, nominated by a member of the public under the "streets" category in the Great Places in Canada contest run by the Canadian Institute of Planners (CIP).

If a massive intersection that's walled off to pedestrians and offers almost no street-level activity is considered a great place, then I'd love to know what that person thinks makes for a great party.

A CIP spokesperson went on local radio last week to meekly defend the nomination — citing the history of the intersection and some nonsense about architectural features — but even he knows the truth: Portage and Main is one of Winnipeg's worst places.

No, it's not the most dangerous (unless you try to jump the barricades) or run-down. But it is depressing and embarrass-



URBAN COMPASS

Colin Fast

winnipeg@metronews.ca

ing and awful. And so are the attitudes of some Winnipeggers toward reopening the intersection to pedestrians in the future.

"Portage and Main should be for traffic" is the worst example of this. The very idea we should reserve our most important intersection exclusively for automobiles shows how little some people understand about what makes a city inviting and interesting.

Then there are those who think it would be too dangerous for pedestrians to cross. But if pedestrians can manage to safely navigate Main and Broadway, or Bishop Grandin and St. Mary's Road, or Confusion Corner, then I'm fairly confident they'll figure it out.

And finally, there's a small group of people — like the nominator for this award presumably — who think the area is just fine the way it is. After all, Portage and Main was once on the Canadian version of Monopoly (\$260 square), so it must be great, right?

Really, there's only been a few times in the past 30 years when Portage and Main could even qualify as a public space. One was in 1995, when we took to the streets to rally in support of our soon-to-depart NHL team. Another was in 2011, when we celebrated the NHL's return.

The key in those examples? People. Sitting, standing, marching, cheering, eating, road-hockey-playing people. Unfortunately, they all had to break the law to actually take over the intersection, but they showed us what the centre of the city might look like with a bit of energy on the streets.

I'm not suggesting we rise up and destroy the barricades on our own, or even storm city hall and demand it does the same. The legal process involved is too painful, and the agreement keeping the barricades in place expires in 2016 anyway.

But we can take a stand against the outmoded thinking that the heart of the city is no place for people, and insist the barricades come down in a few years so we can begin the process of turning Portage and Main into an actual place once again.

ZOOM

Here comes the shock wave



ZAK NOYLE/A-FRAME

Garbage mars surfing photo

This is hardly a surfer's paradise. The startling image shows pro surfer Dede Suryana braving a trash-infested wave in Indonesia. Zak Noyle, a staff photographer for Surfer Magazine based in Honolulu, Hawaii, took the picture at a remote location in south Java, an area usually noted for its crystal-clear waters. **METRO**

Q and A

'A wake-up call for all of us'



ZAK NOYLE
Staff photographer for Surfer Magazine, 28, from Honolulu, Hawaii

What was the wave like?
There were food wrappers, tree branches, even soccer balls. It was like being inside a washing machine of trash.

Did all the debris make the photo difficult to take?
Yes — there were tree trunks the size of a car that we had to push through before Dede could go on and surf.

How did seeing the polluted water make you feel?
Very sad. There was so much trash that the four of

us had no chance of cleaning it up ourselves. These waters are normally pristine so I was shocked to see this.

Others may indeed share the same sentiment ...
Absolutely. As a photographer, I want to be able to spark awareness in people's minds. I hope this photo will be a wake-up call for all of us to keep our oceans clean.

Worth mentioning

New Lego robots excite techies in Silicon Valley

Few are more excited about Lego's new Mindstorms sets rolling out next month than Silicon Valley engineers.

Many of them were drawn to the tech sector by the flagship kits that came on the market in 1998, introducing computerized movement to the traditional snap-together toy blocks and allowing the young innovators to build their first robots. Now, 15 years later, those robot geeks are entrepreneurs and designers, and the colourful plastic bricks have an outsized influence in their lives.

Techies tinker at Lego play stations in workplaces. Engineers mentor competitive Lego League teams. Designers use them to mock up larger projects ideas. And executives stand Lego creations on



A robotic Lego Mindstorms unit gathers cardboard rolls in Stanford, Calif. THE ASSOCIATED PRESS

their desks alongside family photos.

"Everyone I work with played with them as children. We sit around talking Lego. It's a shared common experience," said Travis Schuh, who reaches into his bin of plastic blocks when he needs a quick prototype at the Silicon Valley medical robotic firm where he works.

The new Mindstorms sets, designed for kids over 10, are simpler for the younger crowd and more versatile for sophisticated users than two earlier versions.

THE ASSOCIATED PRESS

Comments

RE: Tim's Needs Lid Adjustment: Customer Grumbles, published Aug. 15

I noticed too that the drippy seam is a problem, where the seam meets the lid. But the lid still leaks while carrying. They used to fill your own mug, until they started selling their own mugs (by mug I mean those insulated travel mugs). Perhaps the leaky cup is designed to leak.
ijdfc posted to metronews.ca

For the most popular, wealthiest coffee chain in this country, I tend to agree that all flaps and seams aside, you would think after 25 years they would invest in a more professional, travel-friendly lid system.

Where the heck was I... Sub-way, I think, had a simple turn-based coffee-cup lid that turns a small second layer to cover the opening and seals with just the tightest seal on the cup.

Facilitatly posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

The Harry Potter generation

Mindful muggles.

Scholar takes a look at how the famous series shaped Millennials who have adopted some of the positive lessons from the story

BAPTISTE
BARBE

Metro World News

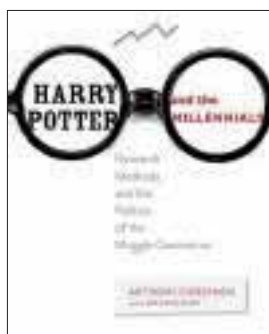
Political science professor Anthony Gierzynski has analyzed the influence of Harry Potter on youngsters in the United States. Here a few thoughts from the author of *Harry Potter and the Millennials: Research Methods and the Politics of the Muggle Generation*.

You wrote three books about U.S. politics. How did you get the idea of mixing your previous studies with the Harry Potter phenomenon?

I have long had an interest in, and speculated about the role of entertainment media in politics, sparked by movies like *Do the Right Thing*, *Star Wars*, *Independence Day* and movies portraying the U.S. President as an action hero in the 1990s, the portrayal of politicians in movies and TV (which is nearly universally negative), the different *Star Trek* series, and, more recently *Battlestar Gallactica* (which is rich with politics), and so on. And, I have had many conversations with my students about the subject and ultimately decided to design a class whose purpose would be to investigate entertainment media effects. The first few semesters of the class we ran experiments, conducted surveys, and collected qualitative data on the effects



Children wait outside Waterstones book shop, Europe's largest bookstore, for the launch of *Harry Potter and the Order of the Phoenix* on June 20, 2003 in London. GETTY IMAGES



of entertainment media such as *Star Wars*, *The Simpsons* and *South Park*, and overall TV viewing habits (some of that research is reported in this book), before doing the Potter research.

I also guess you read the books and watched the movies. Have you been influenced by this kind of phenomenon at your time (*Star Wars*, etc)?

I am a fan of Harry Potter, but I am a Gen Xer, not a Millennial, so other entertainment media that I was exposed to in my formative years — yes, *Star Wars*, the Lord of the Rings books, *Saturday Night Live*, and *Star Trek* were the main sources of entertainment media influences for my political socialization.

One the main points of your book is that you chose people who grew up with the characters over a long period (10-15 years). Thus, you note that the Millennials read it during their most politically vulnerable and formative years. Your study shows that fans have transposed some lessons/values from the series (equality, tolerance, commitment, loyalty, diversity, anti-violence/anti-torture) into their real life. Can you tell us more about these observations?

The key thing is that, while the Potter series was a story designed to entertain, the nature of the story (and indeed any story) is that the characters learn certain lessons as the plot moves along and exhibit certain characteristics. As we become immersed in the story and identify with characters we tend to internalize those lessons and sometimes adopt those characteristics for our own. So, Harry and his friends evince an aversion to violence, fight for tolerance and equality and oppose oppressive authority and we found fans had similar traits on those very attitudes.

Could Harry Potter keep continuing to have this kind of impact — for example, *Star Wars* is still popular many decades after the first movie? Possibly — I still have students who are Potter fans. The next generation, however, may

adopt a different entertainment phenomenon.

Will there be another study in the future in order to go further? Do you want to keep working on this subject?

Yes. At the end of the book I have a website address for readers to tell me their stories about Harry Potter or any other entertainment sources and their political effects in order to gather more qualitative data to see whether there is additional support. I am also working on other research projects on entertainment media effects that can establish causal relationships. I will be submitting to a journal this fall a paper I presented at a political science conference that looks at how villains of science fiction, fantasy and superhero genres affect views about criminal justice and terrorism policy.



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Dustin Johnson and Paulina Gretzky

Gretzky and golfer Dustin Johnson announce engagement on Twitter

Paulina Gretzky and golfer Dustin Johnson announced their engagement on Sunday through their popular Twitter accounts. Johnson posted a photo of Gretzky's hand with an engagement ring on her finger with the caption "She said yes!!!" Gretzky, the daughter of hockey legend Wayne Gretzky, retweeted the picture and several congratulatory messages from friends and family.

"Congrats to my sister @PaulinaGretzky and @DJohnsonPGA on the engagement. Love you guys," tweeted Trevor Gretzky, Paulina's younger brother and a prospect in the Chicago Cubs organization. Johnson is a professional golfer on the PGA Tour.

THE CANADIAN PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Chris Brown

More community service added to Brown's sentence

Chris Brown isn't quite in the clear yet. As part of a negotiation to get the Los Angeles District Attorney to not rescind his probation over a recent hit-and-run charge, the singer must instead serve an additional 1,000 hours of community service, according to

E! News. Brown can fulfill the extra requirement doing beach cleanup or graffiti removal or taking part in a probation alternative work program. He is currently serving probation over his 2009 assault of Rihanna and will be on probation until Aug. 24, 2014.

The Word

Bynes moves facilities for better psychiatric care: Source

Amanda Bynes has been moved from the psychiatric unit in Ventura County, north of Los Angeles, where she's spent the last two weeks and has been admitted to the UCLA psychiatric facility — and she's expected to stay there for at least two months, according to Radar Online. "Amanda needed specialized medical attention that she wasn't getting," a source explains. "It's expected that Amanda will remain at UCLA for the next two months because she has very complex mental health issues that need to be dealt with. It will also take a significant chunk of time to get Amanda ... on several prescriptions for her condition — and to make sure it's working properly." **METRO WORLD NEWS**



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Water safety

Drowning risk highest on hot days

In books and movies, drownings almost always seem to occur in bad weather. But the perception isn't actually accurate, a new study suggests.

The work, by researchers from the University of Toronto and Sunnybrook Health Sciences Centre, says the risk of drowning outdoors is nearly 70 per cent higher on days when the mercury climbs to 30 C or above.

Lead author Dr. Michael Fralick and his co-authors

draw data from records on 1,243 drownings recorded by Ontario's Office of the Chief Coroner. The deaths took place in the province between 1999 and 2009.

Most of the drownings took place during the summer months. And most of the people who drown did so

while taking part in recreational activities.

In the vast majority of cases, personal flotation devices were not used. They were either not present (80 per cent of cases) or not worn (11 per cent of cases). Most of the drownings took place in open water. **THE CANADIAN PRESS**

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The business of being mom

Opting out. Many women who decided to stay at home with their kids may have actually sharpened their business skills



IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Ten years ago the phrase "opting out", became a part of the lexicon, due mostly to a New York Times op-ed piece called The Opt-Out Revolution.

Written by Lisa Belkin, it was about the growing trend of women dropping out of high powered careers in order to stay at home with their families.

Flash-forward a decade, and many of these women are finding themselves in a position, often but not limited to personal finance challenges, to want to opt back in to the work force.

But how can they update their skills and subsequently their resumé after having missed out on arguably the biggest changes in "work" during this fast forward technology driven 10-year period?



Being home with the kids may actually improve some of your business skills. ISTOCK

While being at home with the kids likely won't replace the skills and knowledge gained by working corporately, I would argue that it could actually hone the following handy talents:

Time management

Moms are pros at executing work schedules which will have kids dressed, fed, and on the soccer field on time.

Project management

Having milestones come together to complete a business objective is literally child's play after mastering the art of changing a baby's diaper while disciplining a preschooler and supervising homework.

Crisis management

If dealing with the aftermath of baby's first smoked

fish meal, a faulty diaper and an ill-timed mommy and me swimming class don't constitute a "crisis", I don't know what does.

Risk management

Making a decision guaranteed to be unpopular with at least one of your children while minimizing the inherent risk of a total meltdown is a pure mom talent.

Financial management

When one income is eliminated to stay at home with the kids, the expenses associated with raising said children increase at approximately the same ascending rate. From diapers to school trips, "indoor runners," hockey equipment and other assorted sundries, managing the finances and determining a return on investment for your family sharpens mom's budgeting skills daily.

The best news? The steepest learning curve for many has been social media. The explosion of mommy blogs happened around the same time as the opting out began, and this educated, driven, and ambitious demographic is one of the savviest when it comes to using Twitter, Facebook and Pinterest.

Instead of dismissing a Tweet about an explosive bowel movement by "just" a mommy blogger, it's really an insight into containment strategy from a communications expert.

KATHY BUCKWORTH'S LATEST BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE EVERYWHERE FROM RANDOM HOUSE, AND HAS RECENTLY BEEN OPTIONED BY WARNER BROTHERS TELEVISION.



There's a page for that in the new IKEA Catalogue.

Visit IKEA.ca/Catalogue to see it now.

Infuse culture into Pulled Chicken with Asian flavours

1. Preheat a grill or a skillet to medium. In a bowl, mix barbecue sauce, miso and five-spice powder until well combined.

2. Prepare vegetables: chop green onion, cut snow peas into strips and thinly slice lettuce or Chinese cabbage.

Ingredients

- 1/4 cup (60 ml) barbecue sauce
- 1 1/2 tsp (7 ml) miso
- 1/4 tsp (1 ml) Chinese five-spice powder
- 1 green onion, chopped
- 1/2 cup (125 ml) snow peas, cut into strips
- 1 cup (250 ml) lettuce or Chinese cabbage, thinly sliced
- 6 boneless, skinless chicken thighs
- 4 to 6 whole wheat or multi-grain hamburger buns
- 4 to 6 slices of Canadian Gouda



This recipe serves four to six people. DAIRY FARMERS OF CANADA

3. Use a large spoonful of sauce to coat the chicken and reserve the remaining sauce. Cook chicken on the grill for 12 to 15 minutes, or in a skillet for 6 to 8 minutes, until thoroughly cooked. Let cool. Meanwhile, add green

onion and snow peas to remaining sauce.

4. Shred chicken and add to sauce.

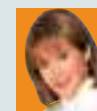
5. Open hamburger buns, place cheese on bottom

halves and heat on grill or skillet.

6. Divide mixture among buns and garnish with Gouda and lettuce or Chinese cabbage. DAIRY FARMERS OF CANADA (FAMILYKITCHEN.CA)

Healthy eating

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Baskin Robbins incorporates your fave snacks into cool treats but watch out for sugar, fat and calories! (Nutritional info taken from American site as Canadian not available). PHOTOS: MIKE MCCOLL, FROM ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS)



Reese's Peanut Butter Cups Sundae (12 oz/340g)

1,220 calories/80 grams fat/92 grams sugar
Layers of Praline 'n' cream ice cream, Reese's Peanut Butter Sauce and Reese's Peanut Butter Cups equals major calories, fat and sugar.

Equivalent

1 Reese's Peanut Butter Cups Sundae from Baskin Robbins is equal in fat to 10 Dairy Queen small chocolate soft serve ice creams.



Reese's Peanut Butter Cup 31 Below (12 oz/340g)

640 calories/ 29 grams fat/ 78 grams sugar
Soft serve ice cream cuts back the calories and fat big time!

Lunch. Toasted Parmesan Tomato Bread



If you've found yourself craving tomatoes lately, the season might have something to do with it.

As kids, many of us enjoyed slabs of whole-wheat bread smeared thickly with Miracle Whip and topped with hunks of extra-sharp cheddar cheese and a single, thick slab of tomato. It was heaven.

As adults, we can update the classic to suit our matured palates quite easily by increasing the richness with garlic and rosemary. But the focus, as it should, remains on the bread and tomatoes.

1. Heat the oven to broil.

2. In sturdy bowl, combine garlic, rosemary, olive oil, salt and black pepper, to taste. Mix well, then use back of a heavy spoon to mash the garlic and rosemary together to form a paste. This also can be done using a mortar and pestle, or a mini food processor. The rosemary won't mash well; this is fine.

3. Spread a quarter of mix over one side of each slice of bread.

4. Slice 2 thick slabs out of the centre of each tomato. Reserve the tops and bottoms of the tomatoes for another use. Set 2 slabs over each piece of bread. Shave some of the Parmesan over the tomatoes on each

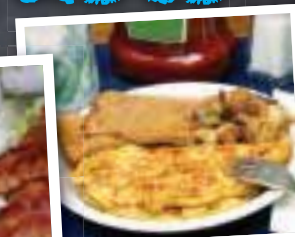
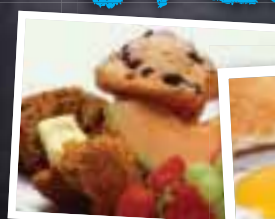
slice. Set the assembled bread on a baking sheet and broil on the oven's middle rack until the cheese is just starting the brown, about 2 to 3 minutes. Serve. THE ASSOCIATED PRESS

Ingredients

- 4 cloves garlic, minced
- 1 large sprig fresh rosemary, finely chopped
- 1/4 cup olive oil
- 1/2 tsp kosher salt
- Ground black pepper
- 4 large, thick slices sour dough bread
- 4 large tomatoes
- 3 oz Parmesan cheese

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Learning in the lap of distraction

I can't compute. Study finds students have tougher time being taught when peers are pounding away at their keyboards

Laptops have replaced pen and paper for many post-secondary students, but a Canadian study suggests using computers during lectures could be hurting their grades and lowering their classmates' marks.

For the study, published earlier this year in the journal *Computers & Education*, research subjects in two experiments were asked to attend a university-level lecture and then complete a multiple-choice quiz based on what they learned.

In the first experiment, which was designed to gauge how multi-tasking affects learning, all the participants used laptops to take notes during a lecture on meteorology. But half were also asked to complete a series of unrelated tasks on their computers when they felt they could spare some time. Those tasks — which included online searches for information — were meant to mimic what distracted students might do during class.

In the second experiment, some students were given pencils and paper to take notes during a lecture while others worked on laptops. Researchers wanted to observe if the students taking notes the old-fashioned way would be distracted by having computer screens around them.

Faria Sana, who co-authored the study with fellow



How can these school chums be expected to focus when their friend just posted that photo on Facebook? iStock

Screening your studies

We really didn't think the effects would be this huge. It can change your grade from a B+ to a B-.

Faria Sana
Co-author of a study on the impact of laptops in the classroom

doctoral student Tina Weston, said she expected lower test marks for students who were asked to multi-task during the experiment, or

were seated near other students using laptops. But the distraction effect was stronger than she hypothesized.

"We really tried to make it pretty close to what actually happens in the lectures. We found that lo and behold, the students who multi-tasked performed much worse on the final test and those who were seated around peers who were multi-tasking also performed much worse on the final test," said Sana.

"So you might not be multi-tasking but if you have

a clear view of someone else who is multi-tasking, your performance is still going to be impaired."

The students in the first experiment who were asked to multi-task averaged 11 per cent lower on their quiz. The students in the second experiment who were surrounded by laptops scored 17 per cent lower.

"We really didn't think the effects would be this

Mac attack?

While Sana and Weston are not calling for a ban on laptop use in classes, they do hope students consider that goofing off on their computers can affect their peers sitting around them.

- "A lot of students spend quite a big chunk of time in class doing things that are not related to the academic environment or aren't directly related to the course or the lecture," Sana said.
- "We're hoping that based on these results, students will take responsibility for their actions."

huge," Sana said. "It can change your grade from a B+ to a B-."

Sana also noted that the students who participated in the experiments said they didn't really expect their marks to suffer much from computer use in the classroom.

"At the end we gave a survey to all the students and what we found was that these peers who were seated around multi-taskers had no idea they were being distracted. They didn't think the laptops were causing a distraction but based on the scores of their final test, they actually were," she said.

Seeing dozens of laptops in a classroom is now common, Sana said, as is spying some students on social networks, playing games or watching movies instead of paying attention.

THE CANADIAN PRESS



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Encouraging at-home expletives? I swear this mother is being serious

Kids say the damndest things. Windsor author tells parents why this unspeakable language is important to learn

LUKE
SIMCOE
Metro Online

When Kim Lunansky was growing up she got the proverbial soap treatment if she was caught swearing, but now that she has kids of her own she prefers to wash their mouths out with common sense.

The Windsor-based author lets her three children, aged five to 13, swear at home and has spent many nights talking with them about the uses and abuses of language.

"My husband doesn't think you should let your kids swear at all, but I'm kind of the opposite," she said. "You need to teach them what words mean, and they need a safe space to learn to use that vocabulary appropriately."

Lunansky has written a book about her adventures in adolescent cussing, appropriately entitled *How to Teach Your Kids to Swear*. More of a treatise than a how-to guide, the book chronicles her attempts to teach her kids to consider things like audience and context before dropping an F-bomb.

"It's a lot like teaching your kids how to dress," she said. "You wouldn't let them go to a wedding wearing short jean shorts and a tube top."

Lunansky's rule of thumb is that it's OK to swear so long as



Should we take the fear out of foul language? ISTOCK



it's not going to offend anyone within earshot.

"We've come to a place in our language where swearing is pretty common," she said. "So if one of my kids comes home and says they had a s---y day at school, I'm not going to go off the deep end about it. Maybe they had a bad day."

There are moments where Lunansky is less forgiving, like the time her son — upset after his sister dressed up his Star Wars figures like Barbie dolls — interrupted a Christmas meal with a diatribe fit for a sailor.

"He was just stringing cuss words together," she said. "I don't even think it made sense."

After excusing herself from a table full of slack-jawed rela-

tives, Lunansky took her son aside, gave him a time out and tried to impress upon him that swearing in front of extended family might not be the best idea.

Lunansky admits her approach is controversial, but says it's an improvement over simply making swear words verboten.

"If you make something ta-

boo, it attracts kids like a magnet," she said. "It creates a cycle where maybe they won't do it in front of you, but they'll do it everywhere else to see how people react."

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Waiting for that big break? Don't delay. Even millionaire moguls need to unplug and unwind

DAN
SCHAWBEL
Metro World News

David Bach is the author of *The Automatic Millionaire* — a book that has advised millions of people on financial success — and a contributor to the Today show and a motivational speaker. I caught up with Bach while he was on sabbatical to find out why he took some time off, what he learned from it and why summer is as good a time as any to look for a job.

You made a major decision last year to take a sabbatical for 2013 — what led to that and how is it going?

Last year after writing a dozen books in 10 years, doing thousands of speeches and thousands of television and media appearances, running a company and travelling more than half a million miles, I reached a point



Only you can prevent professional burnout. Work hard to work a little less this year. ISTOCK

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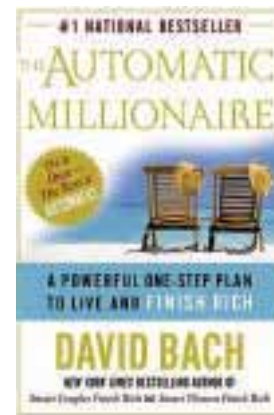
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where my soul said "Enough is enough; you need and deserve a serious break." It was hard to listen to my soul, being addicted to "doing it, doing it, doing it." Deciding to take a sabbatical was truly one of the most difficult decisions I have made in my 25-year career. It was ultimately probably one of the most important decisions, and the best I have ever made. I can't believe how refreshed, re-energized, relaxed, present and creative I now feel.

How did you unplug?

It's about learning to say, "No," which is incredibly difficult when your life has been about saying, "Yes." My answer to everything has been simple: "Sorry, I am on a sabbatical and not working



until the end of 2013." The response almost universally has been, "That's amazing, good for you; I wish I could do that, too." I'm learning

from this experience that people really need and want a break more than they realize or share.

Do you think summer is a good time to look for a job?

It's really not about a time to look for a job — it's about you being in a place to be of the most value to the largest number of people. Employers are always looking for great employees that can help them grow their business. What is unique about summer is that many business owners and even large companies are now planning for 2014 — so getting in now and talking to people who are hiring while they are slower can be the perfect time to connect and make an impression.



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Baseball

Better late than never: Fish bats rally in the 8th

In the same way the inclement weather delayed the start of the ball game, the Winnipeg Goldeyes also waited a while before deciding to get their bats to pop and score some runs on Sunday afternoon.

The Fish plated all of their runs in the eighth inning, knocking off the Kansas City T-Bones 3-1 to avoid a three-game series sweep after dropping the first two contests at home over the weekend.

A wild southern Manitoba thunderstorm dumped 26 millimetres on Shaw Park in the late-morning hours on Sunday, causing the game to be pushed from a 1:30 p.m. start until 3 p.m. But it didn't deter 6,625 fans from coming out to enjoy a sunny afternoon at the ballpark.

K.C. sent Sean Toler in to pitch in the eighth, and things didn't go well for the 26-year-old. After walking his first plate opponent, Toler let Josh Mazzola drive an RBI-double to deep left-centre that chased him from the game.

Enter Keith Picht, who couldn't do much better. Winnipeg's Casey Haerther roped a grounder through the third baseman to score Mazzola from second before Luis Alen blooped a run-scoring single to shallow left to make it 3-1.

Winnipeg improves to 46-40 on the year, still chasing the AA wild card with 14 games to play. They sit 2.5 games back of Gary.

DARRIN BAUMING/FOR METRO



The Blue Bombers fired offensive co-ordinator and quarterbacks coach Gary Crowton on Sunday. Marcel Bellefeuille will take over co-ordinator duties for the remainder of the year. DARRYL DYCK/THE CANADIAN PRESS

Crowton feels pain of Bombers' latest sack

CFL. Bellefeuille to take over co-ordinator duties following team's fifth straight loss

The Winnipeg Blue Bombers have shuffled their personnel again.

Gary Crowton was fired as the team's offensive co-ordinator and quarterbacks coach Sunday as the team continues to stumble on the field.

Marcel Bellefeuille will take over co-ordinator duties

in Winnipeg for the rest of the year. The Blue Bombers have lost five in a row, including a 37-18 loss to the Hamilton Tiger-Cats on Friday in Winnipeg.

"No one in our organization is happy with the way we have performed so far this season," said Bombers head coach Tim Burke. "Our offence has not played up to their standards and we need to make this change in order to give us a chance at remaining in the hunt for the post-season. I wish Gary all the best in his future endeavours."

The Blue Bombers' record

1-6

The team's lone victory came in Week 2, a 19-11 win over the Alouettes.

Bellefeuille was only added to Winnipeg's coaching staff on Aug. 12. He was Hamilton's head coach from 2009 to 2011 and has an extensive background in the CFL, working as a position coach and offensive co-ordinator with the Saskatchewan Roughriders,

Montreal Alouettes and Ticats.

Crowton isn't the first casualty of Winnipeg's rough start to the season.

Embattled CEO and president Garth Butchko resigned from his position and was replaced by former Blue Bomber player Wade Miller on Aug. 10.

Miller's first act as acting CEO was to fire general manager Joe Mack and name assistant general manager Kyle Walters as the acting general manager on Aug. 13.

THE CANADIAN PRESS

Rays' Lobaton soaks up walk-off homer

Jose Lobaton came up big again for the Tampa Bay Rays.

He hit a solo home run in the 10th inning and the Rays beat the Toronto Blue Jays 2-1 on Sunday.

He also had a game-ending triple in the ninth Friday.

"It's different," Lobaton said. "Walk-off triple, that was amazing. Walk-off homer, run the bases like that, is unbelievable. It's something that you want to do all the time. Hopefully it's not the last one."

Jake McGee (3-3) struck out one during a perfect 10th.

On Sunday

2

Rays

1

Blue Jays

Tampa Bay took two of three from Toronto, which hasn't won a series at Tropicana Field since April 2007.

Rays starter Chris Archer allowed one run and four hits

over seven innings.

Blue Jays right-hander Todd Redmond, a St. Petersburg, Fla., native, gave up one run and six hits over six-plus innings in his first start at Tampa Bay.

Evan Longoria put the Rays up 1-0 in the first with his 24th homer, an opposite-field drive to right that resulted in a video review after a fan in the front row caught the ball just above the fence. The Blue Jays tied it 1-1 when Edwin Encarnacion connected for his 31st homer this season with two outs in the seventh. THE ASSOCIATED PRESS



Jose Lobaton is doused by Rays teammate Yunel Escobar during a postgame interview in St. Petersburg, Fla., Sunday. PHILAN M. EBENHACK/THE ASSOCIATED PRESS

Bolt caps Jamaica's sweep of gold medals in sprinting events

Track and field. In anchoring his country to victory in 4x100 relay, Bolt becomes most successful athlete ever at world championships

Usain Bolt is, yet again, perfect.

And with three gold medals in Moscow, the Jamaican great became the most successful athlete in the 30-year history of the world championships.

The 4x100-metre relay gold on Sunday erased the memories of the 100 title he missed out on in South Korea two years ago because of a false start. And, in combination with a similar 100-200-4x100 triple from Shelly-Ann Fraser-Pryce, Bolt was instrumental in giving Jamaica the first-ever sweep in those six sprint events.

Bolt was trailing American

Justin Gatlin when he got the baton on the anchor leg, but a botched U.S. handover and his superlative speed were enough to see him, and his country, win.

He gritted his teeth, dipped at the line, and then grinned.

The United States was second in 37.66.

"I wasn't really worried about Justin. I knew if he got the baton in front of me, I could catch him," Bolt said. "So it was just going out there to run as fast as possible."

Bolt had already won the 100 and 200 metres. It was his second such sprint triple at the world championships, matching the two he has won at the Olympics.

With his victory, Bolt moved to the top of the all-time world championships medals table with eight gold and two silver, edging Carl Lewis, who has eight gold, one silver and one bronze.

THE ASSOCIATED PRESS



Usain Bolt of Jamaica crosses the finish line ahead of the United States' Justin Gatlin in the men's 4x100-metre relay at the world track and field championships on Sunday in Moscow. PAUL GILHAM/GETTY IMAGES

Gaining closure

Canadians bring home bronze

Canada's team of Justyn Warner of Markham, Ont., Dontae Richards-Kwok of Mississauga, Ont., and Toronto natives Aaron Kingsley Brown and Gavin Smellie won bronze in 37.92 seconds after Great Britain was disqualified.

The victory helped provide some closure for Warner and Smellie, who were both on the relay team that lost a bronze medal to disqualification at last year's London Games.

"I'm so ecstatic, especially thinking back to last year and what happened," said Smellie. "To come back and get bronze, I'm just so happy. We competed to the best of our ability and we leave here with a bronze medal."

The bronze is Canada's fifth medal at the event, the most successful in the country's history at the world championships.

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Horoscopes

Aries

March 21 - April 20

Something you see or hear today will shock you but if you dig a little deeper you may find it is not nearly as outrageous as you first thought.

Taurus

April 21 - May 21

Whatever you are working on, personally or professionally, you must be free to do it your own way and at your own speed. Anyone who tries to interfere must be told quickly to mind their own business.

Gemini

May 22 - June 21

You have your own way of doing things and you have no intention of changing just to please other people. In fact, if someone tries to tell you what to do today you will no doubt delight in doing the opposite!

Cancer

June 22 - July 23

Do something different as the new week begins, something that makes the world around you sit up and take notice. Cancer is a cardinal sign and therefore born to achieve things.

Leo

July 24 - Aug. 23

If old methods and routines are getting you nowhere by all means try something different. It may be hard, at first, stepping outside your comfort zone.

Virgo

Aug. 24 - Sept. 23

Everything you say will be taken seriously today, even when it should be obvious that your tongue is very firmly in your cheek. With that thought in mind be careful what comes out of your mouth.

Libra

Sept. 24 - Oct. 23

You have the knack of seeing things which other people have managed to miss and if you are smart you can use it to make some serious money over the next few days.

Scorpio

Oct. 24 - Nov. 22

Ignore deadlines and rules and do things at your own speed and for your own enjoyment. Who is going to complain? You'll be a law unto yourself during the early part of the week.

Sagittarius

Nov. 23 - Dec. 21

As usual your ideas seem to be opposed to what most other people think and, as usual, you are right and they are wrong. That may not, of course, be true but you believe it with such conviction it doesn't matter!

Capricorn

Dec. 22 - Jan. 20

You may feel strongly about a certain issue but that does not mean you can just ignore what other people say if their views and your views do not coincide.

Aquarius

Jan. 21 - Feb. 19

Don't waste time on idle gossip as the new week begins as there are far more important issues you should be dealing with. On the work front, especially, sudden changes may lead to new opportunities.

Pisces

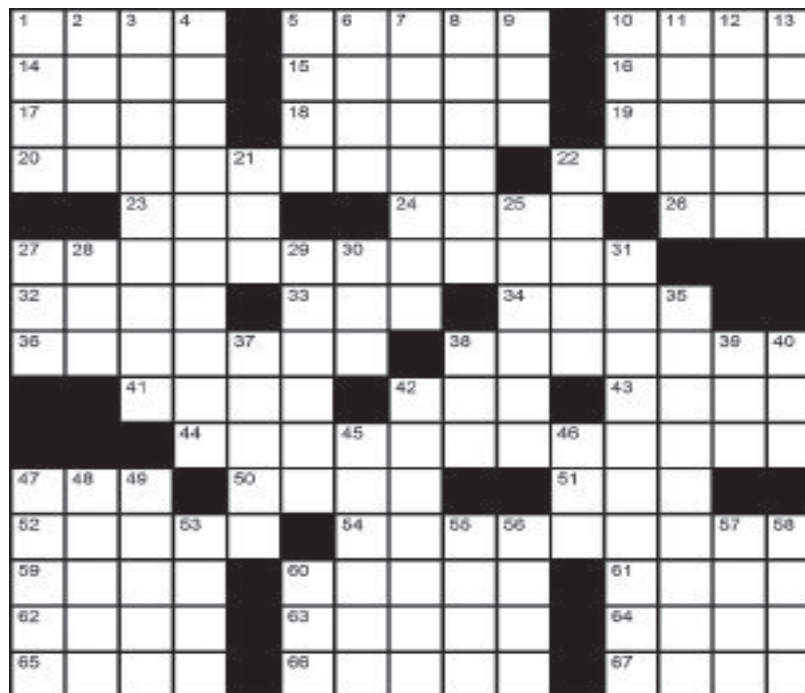
Feb. 20 - March 20

Someone close will say or do something completely unexpected today and to begin with you may not know how to react. They may surprise you, they may even annoy you, but you have to admit they caught you out big time. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Ran, as clothes colours
- Clean the kitchen floor again
- Stinging bug
- 1971 Neil Diamond hit: "___ _ Said"
- Doing quite well at
- Mom in For Better or For Worse
- Wisecrack, variably
- Puccini opera
- Wing-shaped
- How early auditions are sung on "American Idol": 2 wds.
- Spruce __, Alberta
- Glamorous getaway
- Mont Blanc, par exemple
- Cowboy singer Mr. Ritter
- Car manufacturing factory feature: 2 wds.
- Movie genre, Film __
- Three-toed sloths
- "America's __ Top Model"
- Like shoes to match bridesmaid outfits
- With time __ (In no hurry): 2 wds.
- Earth's crust's



- upper layer
- 'Tutor' suffix
- Physical activity, for short
- Bridezilla's aspiration: 2 wds.
- Golfing norm
- Engrave
- Red carpet walker, e.g.
- Contests of ancient Greece

- City in BC
- Joni Mitchell album
- Dancing garbs
- Shakespeare villain
- Establishment's emblem
- Try something out: 2 wds.
- Burden
- __ Sound, ON

- __-Bismol
- Tidy

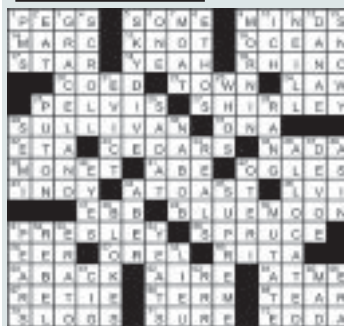
Down

- "It's not that __ deal really."
- Secular
- Sites for political asylum seekers sometimes
- WWII: Military operation of August

- 19th, 1942: 2 wds.
- Pace
- Environmental sci.
- Loses
- Available, as a physician: 2 wds.
- Tiger Woods org.
- Wash-and-__
- Dispense
- Great __ Lake, in NWT
- Heat-resistant

- glassware
- Ms. Anderson, to pals
- Dance legend Mr. Kelly's
- Grounded-up-corn mixture
- Moreover
- Type of milk or sauce [var. sp.]
- The National __ of Canada
- Don't truth-tell
- Organized journey with a purpose
- Type of aircraft: 2 wds.
- Unmasks
- Spotted, to Tweety Bird
- Stimpy's cartoon co-star
- Unit of work
- Revered architect of ancient Egypt
- Make a blaming claim
- Gladiator's 506
- Art's Mr. Picasso (b.1881 - d.1973)
- Radiant
- Red: French
- City light
- Give up
- "Would you like __ get you anything?" (Group-to-person query)
- Water: Spanish
- The bulk
- Rapper Mr. Shakur, for short

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: 33°
MIN: 17°



MAX: 30°
MIN: 13°



MAX: 27°
MIN: 17°



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